



# ST. ANN'S ACADEMY

ESTABLISHED 1880

**2026-2027**

**Course Descriptions and Graduation Requirements**  
**Grades 10, 11 & 12**

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# STUDENTS AND PARENTS

## COURSE SELECTIONS

This booklet provides an overview of the courses available at St. Ann's Academy, helping students explore their options and make informed choices. It is designed to support students and their parents in selecting courses that align with their interests, strengths, and future goals. All students must complete the course selection process, considering their academic abilities and career aspirations. If you have any questions or need guidance, you, along with your parents or guardians, are encouraged to speak with your school counsellor.

***Please note: If St. Ann's Academy offers a course during the school year, the course must be taken at the school, and not online. Special consideration may be given after a meeting between the parent, student, school counsellor and administration.***

## IMPORTANT NOTE

Every effort is made to fulfill course requests; however, there is no guarantee that all courses listed in this booklet will be offered in the upcoming school year.

## STUDENT TIMETABLES

The school counsellor and administrators work hard to tailor student timetables based on course requests. However, adjustments to the school's master timetable may sometimes require changes to individual schedules. We appreciate your patience throughout the scheduling process and expect final timetables to be ready by the end of August.

## COURSE CHANGES

Course offerings depend on student enrollment. ***The deadline to withdraw or transfer to another course is September 30, 2026.*** After the deadline, dropping or transferring courses may not be possible and will require approval from the administration.

## PREREQUISITES

Many courses in this booklet have prerequisites to help guide students in making informed course selections. If you have not met a prerequisite but wish to enroll in a course, you may appeal to the Vice-Principal or Principal for consideration. Factors such as attendance, homework completion, past academic performance, willingness to improve prerequisite grades, and class size will be taken into account. If approved, you will be required to sign a contract to support your success in the course.

## **Literacy and Numeracy Assessments (Grade 10 and Grade 12)**

Literacy and numeracy are core skills that cut across every subject – the keys to success in university, college, and careers. Literacy is the ability to understand, critically analyze, and create a variety of forms of communication, including oral, written, visual, digital, and multimedia. Numeracy is the ability to understand and apply mathematical concepts, processes, and skills to solve problems and make decisions.

The Graduation Numeracy Assessment was implemented in January 2018, and the Graduation Literacy Assessment was implemented in January 2020. The following set of policies are associated with the new assessments: The Literacy and Numeracy 10 Assessment and the Literacy 12 assessment are required for graduation.

- Students must write each assessment once and may choose to write up to two additional times, if required.
- Assessments are scored on a 4-level proficiency scale.
- Results will appear on Student Transcripts and their best outcome (proficiency score) will be recorded on their final transcript.

## **GRADUATION REQUIREMENTS: GRADES 10, 11 & 12**

<b>REQUIRED COURSES</b>	
Language Arts 10 (2 half-year courses - 2 credits each)	4 credits
Mathematics 10	4 credits
Science 10	4 credits
Social Studies 10	4 credits
Career Life Education 10	4 credits
Physical & Health Education 10	4 credits
Language Arts 11	4 credits
Career Life Connections 12 A	2 credits
Mathematics 11 or 12	4 credits
Science 11 or 12	4 credits
Indigenous Graduation Requirement	4 credits
Language Arts 12	4 credits
Arts Education &/or Applied Design, Skills and Technologies 10, 11 or 12	4 credits
Career Life Connections 12 B (Capstone Project)	2 credits
<b>ELECTIVE COURSES</b> (4 courses needed in addition to Religion 10, 11 and 12)	28 credits
<b>TOTAL =</b>	80 credits

### **NOTE:**

1. Eighty (80) credits in Grades 10 – 12 are required for graduation.
2. Fifty-two (52) of these credits are considered required credits.
3. Twenty-eight (28) of these credits are considered elective credits.
4. Sixteen (16) of the credits must be Grade 12 level, including Language Arts 12.  
The sixteen credits are in addition to Career Life Connections and the Capstone Project
5. An Indigenous course (10,11 or 12) is mandatory to graduate. St Ann's Academy will offer an Indigenous Social Studies 12 course.

# POLICIES AND INFORMATION

## DOGWOOD DIPLOMA

Upon graduation, students meeting the secondary school graduation requirements are entitled to receive a Dogwood Diploma, the British Columbia Certificate of Graduation for the province's Secondary School Program.

## EVERGREEN CERTIFICATE

The Evergreen Certificate, or School Completion Certificate, is awarded to students who complete the goals and objectives stated in their Student Learning Plan as agreed upon by the student, parents and school representatives. This certificate may not qualify the student to meet the admission requirements to post-secondary institutions.

## SPARE BLOCKS

When Grade 12 students have successfully completed their Grade 11 requirements, and with the permission of their parents, they may choose to have a spare block. Only one spare block is given per student for the school year. Students on a spare block may leave campus during this block; however, students must sign in and out with the office. ***Removal of a spare block may occur if a student is in jeopardy of not graduating, has 2 or more missing assignments/assessments in one class or more, and/or has below a 50% cumulative grade in any one class.***

## SUPERVISED STUDY BLOCKS

Supervised work blocks take place in the Learning Resource Center, study hall, or Student Services Room. Students in Grades 10 and 11 must take a full course load of eight courses and are not eligible for a study block. Grade 12 students must be enrolled in at least seven courses and may choose either a study block or a spare block, but not both. In special cases, exceptions may be made following a meeting with the student, parents, school counsellor, and administration. Additionally, some Grade 10 and 11 students may require a study block as part of their learning and support plan.

## EXTERNAL COURSES

An external course is a structured learning program developed or offered outside the British Columbia school system and authorized by the Ministry of Education. Students who successfully complete an external course may receive 2, 3, or 4 graduation credits. To earn credit, official documentation from the issuing organization is required. Schools may assign a percentage and letter grade or a Transfer Standing ("TS") designation. All students who complete an approved external course are eligible for credit. Since new external credit options and updates are ongoing, students can find the latest information on the Ministry of Education website: <https://www2.gov.bc.ca/gov/content/education-training/k-12/support/graduation/getting-credit-to-graduate/external-credentials>.

## CHALLENGE & EQUIVALENCY

**Challenge:** Challenge permits students, who have acquired the appropriate learning elsewhere, to obtain credit for a Grade 10, 11 or 12 credit course. Students will be required to complete the provincial criteria established for course challenges.

**Equivalency:** Equivalency recognizes valid credentials, at the Grade 10, 11 and 12 levels, acquired from other educational institutions or jurisdictions outside of the regular school system. The learning outcomes of the external credential must have a match of at least 80% to the learning outcomes of the Ministry-authorized course taught within the school. Further requirements may also apply.

## RELIGION COURSES

These Religion courses are mandatory at St. Ann's Academy and also count as elective credits within the graduation program.

### **Religion 10/Christian Education 10** **4 credits**

*Religion 10 is taught in conjunction with Career Life Education 10.*

Religion/Career Education 10 develops the understanding of how to live morally through examining the often misunderstood concept of freedom, to determine what true freedom is and what it requires of us. The course leads students to recognize how moral living leads to happiness and fulfillment.

### **Religion/Christian Education 11** **4 credits**

The Religion/ Christian Education 11 provides opportunities to learn about the history of the Christian church and after the Reformation, more specifically the Roman Catholic church. Students will be challenged to look at "church history" through the eyes of faith as well as an historian and to grow in a deeper understanding of the most challenging issues that have faced the "church" and the "Church" both in the past and the present. The course ends with a look at contemporary issues affecting Christianity both globally and within Canada.

### **Religion/Christian Education 12** **4 credits**

The primary goal of Religion/ Christian Education 12 is to encourage students to respond to the call of Christ as Christian witnesses in the world. Consequently, the curriculum supports students to discover their own identity as children of God by:

1. Discerning who they are and how they are influenced by family, culture, society, and the world
2. Preparing them to respond to God's call
3. Deepening their understanding of who He is - Christ revealed through the gospels
4. Fulfilling their mission as baptized Catholics to live faithful and fruitful lives in the world; furthering the reign of God.

## LANGUAGE ARTS COURSES

### **ENGLISH 10: LITERARY STUDIES (2 credits) and COMPOSITION 10 (2 credits)**

Literary Studies 10 is designed for students to explore literature through a variety of genres including novels, plays, short stories, and poetry. The course allows students to delve more deeply into literature as they explore specific themes, periods, authors, or areas of the world through literary works in a variety of media.

Composition 10 is designed to support students in their development of written communication through a critical process of questioning, exploring, and sampling. Within a supportive community of writers, students will work individually and collaboratively to explore and create coherent, purposeful compositions. Students will read and study compositions by other writers and consider a variety of styles as models for the development of their writing. The course builds students' writing competencies by introducing them to varied structures, forms, and styles of compositions. Students have opportunities to individually and collaboratively study, create, and write original pieces, exploring

audience and purpose. They also develop their craft through processes of drafting, reflecting, and revising. There is a focus on technical writing that will prepare students for post-secondary academic courses.

Together these courses qualify as prerequisites for the English 11 course.

**PREREQUISITE: English 9**

***NOTE:*** A Literature 10 Assessment will be written by all students prior to graduating, usually within the Grade 10 year.

## **COMPOSITION 11**

**4 credits**

Composition 11 is designed to support students as they refine, clarify, and adjust their written communication through practice and revision. The focus is studying, creating, and writing authentic pieces for a range of purposes and real-world audiences, but with a decided focus on technical writing that will best prepare students for post-secondary courses. Through building this body of work, students should be able to demonstrate expanding breadth, depth, and evidence of writing for a range of situations. A variety of literature and other sources provide context for writing and presenting knowledge and insights.

**PREREQUISITE: Two English 10 courses**

## **ENGLISH STUDIES 12**

**4 credits**

In English Studies 12, the exploration of text and story deepens the students' understanding of diverse and complex ideas about identity, others, and the world. The students will come to understand that texts are different depending on their worldviews and perspectives. Students will understand that texts are socially, culturally, geographically, and historically constructed, and that language shapes ideas and influences others.

**PREREQUISITE: an English 11 course**

***NOTE:*** A Literacy 12 Assessment will be written by all students prior to graduating.

# **LANGUAGE COURSES**

While French is no longer required for **general admission** to many universities, it **remains a requirement or strong recommendation for specific programs**, including (but not limited to) Arts, Education, International Studies, and programs with language or bilingual components. Students are encouraged to research post-secondary requirements for programs of interest when planning their course selections.

## **FRENCH 10**

**4 credits**

French 10 students will strengthen their knowledge of the concepts they learned in French 9, including essential grammatical structures such as the passé composé, various present tense verb conjugations, and many styles of negation and adjective use. Students will improve their oral, aural, and written fluency, and increased opportunities for reading comprehension and translations, along with an expanded vocabulary, will allow students to focus on improved language acquisition. The students will have opportunities to practice the language individually, with partners, and in small groups.

**PREREQUISITE: French 9**

## **FRENCH 11**

### **4 credits**

French 11 reinforces and expands upon skills learned in French 10 and allows students to continue to broaden their knowledge of and ability to use the French language in conversations and written exercises. Much focus will be spent on improving sentence structure, learning new verbs and verb tenses, such as the imparfait and the conditionnel, and expanding their use of French vocabulary. French 11 students will also continue to learn about various aspects of Francophone culture found throughout the French speaking parts of the world. These students will, again, have ongoing opportunities to practice the language individually, with partners, and in small groups.

**PREREQUISITE: French 10**

## **FRENCH 12**

### **4 credits**

This course continues developing French language skills in listening, speaking, reading and writing. Grammatically, students will explore additional grammatical structures, including new negative expressions and verb conjugations and the formation and use of the subjunctive. There will also be many opportunities to expand vocabulary and use this newly acquired vocabulary in conversations, reading comprehension activities, and written assignments. The French 12 course fulfills first-year language requirements at universities.

**PREREQUISITE: Minimum of 60% in French 11**

## **MATHEMATICS COURSES**

Students must complete a Mathematics 10 course, with either Workplace Mathematics 10 or Foundations of Mathematics and Pre-calculus 10 meeting this requirement. Additionally, students are required to take a Grade 11 or 12 Mathematics course. Currently, most post-secondary institutions require either Pre-Calculus or Foundations of Math for their programs, with Calculus 12 being required by only specific universities or programs. For the most up-to-date information on math prerequisites, please refer to the website of the relevant post-secondary institution.

## **FOUNDATIONS OF MATHEMATICS and PRE-CALCULUS 10**

### **4 credits**

This pathway is designed to provide students with the mathematical understanding and critical-thinking skills identified for entry into post-secondary programs. Topics include algebra, numbers, measurement, trigonometry, relations and functions.

**RECOMMENDATION: Math 9**

***NOTE:* A Numeracy 10 Assessment will be written by all students during their Grade 10 year.**

## **FOUNDATIONS OF MATHEMATICS 11**

### **4 credits**

This course is designed for university-bound students who plan to take programs that do not require calculus. The learning outcomes for this course include measurement, geometry, logical reasoning, statistics, relations and functions.

**PREREQUISITE: Foundations & Pre-calculus 10 or Workplace Mathematics 11 (with permission from the Vice-Principal or Principal and the instructor).**

## **PRE-CALCULUS 11**

**4 credits**

This pathway is designed to provide students with the mathematical understanding and critical-thinking skills identified for entry into post-secondary programs that require the study of theoretical calculus. Topics include algebra and numbers, measurement, relations and functions, trigonometry, and systems of equations.

**RECOMMENDATION: 60% or higher in Foundations & Pre-calculus 10**

## **CALCULUS 12**

**4 credits**

This is an introductory calculus course for students taking Pre-calculus 12. It is designed to help students achieve success in their study of mathematics in first-year college or university by providing a thorough study of differential calculus as well as an introduction to integral calculus. Students must be concurrently enrolled in Pre-calculus 12.

**PREREQUISITE: 60% or higher in Pre-calculus 11 and taken with Precalculus 12**

## **FOUNDATIONS OF MATHEMATICS 12**

**4 credits**

This pathway is designed for university-bound students who are taking programs that do not require calculus. The learning outcomes for this course include financial mathematics, logical reasoning, probability, set theory, relations and functions.

**PREREQUISITE: Foundations of Math 11 or Pre-calculus 11**

## **PRE-CALCULUS 12**

**4 credits**

This pathway is designed to provide students with the mathematical understanding and critical-thinking skills identified for entry into post-secondary programs that require the study of theoretical calculus. Topics include algebra and numbers, measurement, relations and functions, trigonometry, and permutations, combinations and binomial theorem.

**PREREQUISITE: 60% or higher in Pre-calculus 11**

## **THE MATH PATHWAYS**

If a Grade 9 student has not yet decided on a career path and has achieved a 60% minimum in Math 9, Foundations of Math and Pre-Calculus 10 is recommended as it leaves the most options available. All three pathways provide students with mathematical understanding and critical thinking skills. When choosing a pathway, students should consider their current interests and future plans. It is not always possible to switch pathways without backtracking and learning key concepts, so it is important to choose carefully with education and career goals in mind.

1. **Workplace Mathematics:** designed to prepare students with the necessary mathematical knowledge and critical thinking skills needed for entry into the majority of trades, via a technical college or trade school, as well as direct entry into the workforce.
2. **Foundations of Mathematics:** designed to prepare students for university entrance to programs that do not require theoretical calculus.
3. **Pre-Calculus:** designed to prepare students for university programs that require the study of theoretical calculus.

Sample Future Plans	Recommended Pathway
<ul style="list-style-type: none"> <li>● Technical College</li> <li>● Some Trades*</li> <li>● Direct entry into the workforce</li> </ul>	<ul style="list-style-type: none"> <li>● Workplace Math 10</li> <li>● Workplace Math 11</li> </ul>
<ul style="list-style-type: none"> <li>● Science</li> <li>● Health Fields</li> <li>● Engineering</li> <li>● Commerce</li> <li>● Some Trades*</li> </ul>	<ul style="list-style-type: none"> <li>● Foundations and Pre-Calculus Math 10</li> <li>● Pre-Calculus 11 and 12 (Pre-Calc 11 only)</li> <li>● May also require Pre-Calc 12</li> </ul>
<ul style="list-style-type: none"> <li>● Social Sciences</li> <li>● Fine Arts</li> <li>● Humanities</li> <li>● Some Trades*</li> <li>● Some nursing programs</li> </ul>	<ul style="list-style-type: none"> <li>● Foundations and Pre-Calculus Math 10</li> <li>● Foundations Math 11</li> <li>● Foundations Math 12</li> </ul>

\* Certain trades may require additional theoretical education in mathematics and therefore may require students to take the Foundations and Pre-Calculus pathway. Check with your school counsellor or the TNT Coordinator (at St. Ann's Academy this is your counsellor) for details regarding which mathematics is required for your trade.

## **SCIENCE COURSES**

As part of the graduation requirements, students are required to take Science 10 and a Science 11 or 12.

### **SCIENCE 10** **4 credits**

The Science 10 framework weaves the skills, processes, and attitudes of science throughout the three content organizers of life science, physical science, and earth and space. Science 10 is the last year when students are exposed to three major sciences. At the end of Science 10, students will have been exposed to a wide variety of knowledge, skills, processes, and thinking abilities, taking advantage of their developing maturity and abilities.

**PREREQUISITE: Science 9**

## **CHEMISTRY 11**

**4 credits**

The main topics covered include atoms, molecules and ions, mole concept, chemical reactions, atomic theory, solution chemistry, and organic chemistry. The course provides students an opportunity to solve a variety of problems using investigative skills learned throughout the course. The students will learn the fundamentals of communicating information scientifically and will then draw conclusions and discuss the limitations of their conclusions based on the tools at hand.

**RECOMMENDATION: 60% or higher in Foundations & Pre-calculus and Science 10**

## **LIFE SCIENCES 11**

**4 credits**

Life Sciences 11 aims to explore three big ideas in the realm of the biological sciences. Life is a result of interactions at the molecular and cellular levels, evolution occurs at the population level, and organisms are grouped based on common characteristics. Laboratory assignments, dissections, case studies and inquiry education provide students with a wide variety of opportunities to develop key understanding within these three big ideas of biology.

**RECOMMENDATION: 60% or higher in Science 10**

## **PHYSICS 11**

**4 credits**

This is an introductory course suitable to the interests and abilities of a range of students. This course focuses on the principles and theories of physics, encourages investigation of physical relationships, and illustrates the relationship between theory and application. The topics chosen for this course represent the wide variety of fields that fall under the heading of physics. There are seven main topics: introduction, waves and optics, kinematics, dynamics in one dimension, energy, special relativity, nuclear fission and fusion.

**RECOMMENDATION: 60% or higher in Science 10 and Foundations & Pre-calculus 10**

**RECOMMENDATION: Students be concurrently enrolled in Pre-calculus 11 or higher.**

## **ANATOMY AND PHYSIOLOGY 12**

**4 credits**

Anatomy and Physiology 12 aims to explore three big ideas in the realm of the biological sciences. Homeostasis is maintained through physiological processes, gene expression, through protein synthesis- is an interaction between genes and the environment, and organ systems have complex interrelationships to maintain homeostasis. Laboratory assignments, dissections, case studies and inquiry education provide students with a wide variety of opportunities to develop key understanding within these three big ideas of biology.

**PREREQUISITE: Science 10**

**RECOMMENDATION: 60% or higher in Science 10**

## **CHEMISTRY 12**

**4 credits**

The main topics in this course are reaction kinetics, dynamic equilibrium, solubility equilibrium, acids/bases/salts, and oxidation-reduction. This course is based on a strong understanding of the Chemistry 11 material and builds on that course. Students will continue to work towards science literacy through working scientifically, communicating scientifically, and using science.

**RECOMMENDATION: 60% or higher in Chemistry 11 and Pre-calculus 11**

**RECOMMENDATION: Students be concurrently enrolled in Pre-calculus 12**

## **PHYSICS 12**

**4 credits**

This course is the study of classical mechanics and electromagnetism and is designed to help students develop analytical and problem-solving skills. The topics are vector kinematics, vector dynamics, work-energy-power, momentum, equilibrium, circular motion-gravitation, electrostatics, electric circuits, and electromagnetism. This course is more rigorous than Physics 11 and suitable for students who have a particular interest in physics or who plan to continue in Science, engineering or computing science.

**RECOMMENDATION: 60% or higher in Physics 11 and Pre-calculus 11**

**RECOMMENDATION: Students be concurrently enrolled in Pre-calculus 12**

**NOTE:** *If students do not have these recommendations, it is suggested that students talk to both the student services advisor and the instructor about the course and its demands.*

## **SOCIAL STUDIES COURSES**

All students must take Social Studies 10 and at least one (1) Social Studies 11 or 12 course in order to satisfy the Social Studies Graduation Requirement.

### **SOCIAL STUDIES 10**

**4 credits**

In this course, we will cover Canada and the world from 1919 to the present. We will discover how global and regional conflicts have been a powerful force in shaping our contemporary world and identities. Further studies will demonstrate how the development of political institutions is influenced by economic, social, ideological, and geographic factors. Social Studies 10 will also help students understand historical and contemporary injustices and challenge the narrative and identity of Canada as an inclusive, multicultural society. Some attention will also be focused on indigenous identity in recent Canadian history.

**PREREQUISITE: Social Studies 9**

### **CONTEMPORARY INDIGENOUS STUDIES 12 (needed to fulfill the Indigenous requirement)**

**4 credits**

This is a course designed to deepen students' understanding of the history, cultures, and contemporary issues facing Indigenous peoples in Canada. The course explores topics such as Indigenous worldviews, the impacts of colonization, the legacy of residential schools, land rights, and reconciliation efforts. Students engage with Indigenous perspectives through diverse media, literature, and guest speakers, fostering a critical understanding of the ongoing challenges and contributions of Indigenous communities. The course aims to promote respect, empathy, and awareness while encouraging students to critically analyze societal issues related to Indigenous rights and social justice.

**PREREQUISITE: Socials 10 (mandatory for all grade 11 students)**

## **20<sup>th</sup> CENTURY WORLD HISTORY 12**

**4 credits**

The world of the 20<sup>th</sup> century was one of great change. Through the study of this time period, students will examine how nationalist movements can unite people in common causes or lead to intense conflict between different groups. The students will also study how the rapid development and proliferation of technology in the 20<sup>th</sup> century led to profound social, economic, and political changes. Also, the students will discover how the 20<sup>th</sup> century was a time where the breakdown of long-standing empires created new economic and political systems. There is a focus on political, military, and cultural forces, changes, and themes from the period before World War One through to and including the events surrounding 9/11 in the United States.

**PREREQUISITE: Social Studies 10**

## **GEOGRAPHY 12**

**4 credits**

Geographers study the world as a whole - its physical characteristics, its human characteristics and the interactions between them. Students will learn how the world is constantly being built up by tectonic forces and worn down by erosion. They will learn how our environment affects us and how we affect our environment. Students will also learn about ecosystems - how they function and how they can be destroyed. As geographers, we will study problems like global warming, resource shortages, and pollution and are challenged to try and find solutions for them. Geography covers many topics and can help students become better citizens, teach them how to solve problems, and give them a better understanding of the world we live in.

**PREREQUISITE: Social Studies 10**

## **LAW STUDIES 12**

**4 credits**

This course will provide students with an understanding of the legal rights and obligations of citizens within Canada. Students will examine:

- The Charter of Rights & Freedoms
- Court structure and trials
- Criminal Law and police procedures
- Family and Contract Law
- Current events, contemporary legal issues, and Indigenous perspectives

Students will learn through a variety of methods including case studies, field trips, research presentations, and listening to community resource speakers. Students will be interpreting evidence, assessing continuity and change, considering different opinions, understanding cause and consequence, and making ethical judgments. Students in grades eleven and twelve are invited to take this course.

**PREREQUISITE: Social Studies 10**

## **FINE ARTS COURSES**

### **CHORAL MUSIC 10/11/12: Concert Choir**

**4 credits**

Students will be working in this class to be part of a school choir. Students will be learning to sing in 3 and 4-part harmony. A variety of genres of music will be studied. Students will provide the music for the school liturgies, and will partake in performance tours. There is no prerequisite for this course.

*This course is offered outside the regular class schedule. Students will be expected to attend sessions that may be held before the school day begins, during lunch breaks, or after school.*

### **CHORAL MUSIC 10/11/12: Vocal Jazz**

#### **4 credits**

This course is open to any student in Grades 10 (with permission from the music teacher), 11, or 12. Students will study proper vocal techniques in the jazz and pop genres. Students will also be introduced to jazz theory and history. This is a performance-based course. Students will be expected to showcase their accomplishments at various school and community venues.

*This course is offered outside the regular class schedule. Students will be expected to attend sessions that may be held before the school day begins, during lunch breaks, or after school.*

### **DRAMA 10/11/12**

#### **4 credits**

This course is an after school programme designed to give course credit to students who successfully audition for the annual school drama production. Through the development of character through script, movement, manipulation of props, and interaction with other actors and crew, senior students will present the drama production later in the school year, performing at least five times for a large audience.

*This course may be offered after school for up to four hours per week.*

### **INSTRUMENTAL MUSIC 10/11/12: Concert Band**

#### **4 credits**

This is a full-year course. This course will instruct students on musical notation, basic music theory, and sight reading skills. Students will need to provide their own instrument and **MUST** have prior musical experience or permission from the instructor.

*This course is offered outside the regular class schedule. Students will be expected to attend sessions that may be held before the school day begins, during lunch breaks, or after school.*

### **MEDIA ARTS 10/11/12**

#### **4 credits**

This is a full-year course and focuses on the development of students' creativity, artistic and technical skills, and theoretical knowledge. Students produce media artworks that communicate ideas, feelings, and beliefs to specific audiences. This course also provides students with the opportunity to reflect on the social, cultural, and historical contexts of media art, which enhances their understanding of the world in which they live. The technologies and processes used and adapted to create media art may be traditional, including, but not limited to, photography, film, photocopy art, analog and electroacoustic sound, classical animation, and video/television. The technologies and processes may also be digital: computer software, digital imaging and graphics, digital sound recording, two- and three-dimensional animation, and multimedia production.

## APPLIED SKILLS COURSES

### FOOD STUDIES 10

4 credits

Students in Foods Studies 10 will explore the cuisines and food cultures of several countries, which will be selected by the class at the beginning of the school year. With each country or area, students will learn how to prepare four dishes. As well, students will discuss food issues pertinent to each area, such as traditional diets and food security issues.

### FOOD STUDIES 11/12

4 credits

For the 2026/27 school year, students in Foods Studies 11/12 will examine the impact of our food choices on our health and the environment. We will consider how we can eat seasonally and locally while creating as little waste as possible. We will also consider how food choices affect our health, physically and mentally, as well as in the long and short term. Units will include food preservation, a unit for each season, and “fad” diets, among others.

**Note:** *If enrollment in Foods Studies 10, 11, and 12 warrants a combined class as opposed to a separate class for grade 10, the course will follow the description indicated in Foods Studies 11/12.*

### WOODWORK 10

4 credits

The main objective of Woodworking 10 is to expand the knowledge of the safe and proper use of power and hand tools in the workshop. By the end of this course, the student will be confident in using machinery and have the necessary skills required to continue in the woodworking field. A project list will be provided by the teacher. Students will have a choice of several different projects.

### CARPENTRY & JOINERY 11/12

4 credits

This is a cabinet and furniture course. Students will first be required to name and operate safely power machinery, complete workbook assignments, and pass a safety test. Projects will be planned to accommodate the student’s experience level and will progress in difficulty as competence is achieved. Over the course of the year, students will be expected to complete 3 to 4 projects.

**PREREQUISITE: Woodwork 10 or permission from the course instructor.**

## CAREER EDUCATION COURSES

### CAREER LIFE EDUCATION 10

4 credits

Career Life Education offers students opportunities to identify and develop personal interests, passions, and competencies. Students will also explore learning opportunities, post-graduate options, and career and life path possibilities. Career Life Education encourages community-based learning by facilitating community networking, preparing for real-life contexts and exploring experiences outside the school environment. Students will complete their Career Life Education in their Grade 10 year. **Please note that Religion 10 will take place in this course.**

## **CAREER LIFE CONNECTIONS 12A**

**2 credits**

Career-Life Connections 12 A (CLC A) is a 2-credit course designed to equip students with the knowledge and skills to start shaping their future. This course guides students in exploring various life pathways, emphasizes the importance of health and wellness, and highlights the value of mentorship and networking. It also focuses on transition planning and preparing for the Capstone project.

## **CAREER LIFE CONNECTIONS 12B (Capstone Project)**

**2 credits**

Career Life Connections 12B (CLC 12B) is a continuation of Career Life Connections 12 A. Students will reflect on experiences in school and out of school, assess development in the Core Competencies, and assemble evidence to present in their Capstone Project.

The Capstone Project is where students have the opportunity to design, assemble and present to an audience. The Capstone Project includes reflection on personal learning and achievement (in and out of school), growth in core competencies and proposes a post-graduation plan. Students will complete their Capstone Project in their Grade 12 year.

# **PHYSICAL & HEALTH EDUCATION COURSES**

## **PHYSICAL & HEALTH EDUCATION 10**

**4 credits**

Physical and Health Education 10 is a required course that promotes physical literacy, lifelong physical activity, and healthy living. Students participate in a variety of individual and team activities that develop skills, fitness, fair play, teamwork, and sportsmanship in both indoor and outdoor settings. Examples of possible units would be flag football, pickleball, basketball, volleyball, badminton, dance, yoga/pilates and bowling. The course also explores how healthy choices influence, and are influenced by, physical, emotional, and mental well-being. As part of the curriculum, students learn basic principles for responding to emergencies, including CPR and AED training. Appropriate gym attire is required, including gym shoes, athletic shorts or bottoms, and a gym shirt.

**This course is required for graduation.**

## **PHYSICAL & HEALTH EDUCATION 11/12: Active Living**

**4 credits**

This course is designed to provide students with experience in a variety of activities and leadership opportunities while building knowledge of sport and exercise. There is an increasing awareness of the importance of following proper training guidelines and techniques to reach health and fitness goals while making healthy choices. Enhancing an appreciation for and enjoyment of movement in a variety of activities is fostered. Through the use of community facilities and programs, students will be exposed to activities both traditional and new. Additional costs may be incurred based on the activities experienced.

***PREREQUISITE:* Physical & Health Education 10**

## **ADDITIONAL COURSES**

### **TEACHING ASSISTANT 11/12**

**4 credits**

This is a full-year elective course in which a student will be assigned to a specific elementary or high school class and/or teacher in order to assist in daily activities. The range of tasks varies depending on grade and subject level. A student may be expected to work one-on-one with another student, provide small group tutorials, mark, prepare bulletin boards and some lesson preparation. Consultation with the school counsellor is required to be placed in this course.